

Wembley Primary School

Hungry Lion Canteen

Summer Menu 2021, Term 1



All items are proudly made on site, under the healthy eating traffic light guidelines, other than the pies, drinks, vanilla ice cream and frozen yoghurt.

SANDWICHES, ROLLS AND WRAPS

(Gluten Free Available)

● Egg Mayo Sandwich (V)	\$3.60
● Egg Mayo & Lettuce Sandwich (V)	\$4.00
● Ham and Salad Sandwich	\$4.50
● Ham & Cheese Toasted Sandwich	\$3.90
● Vegemite Roll (V)	\$2.50
● Hommus, Egg and Salad Wrap (V)	\$4.00
● Chicken, Hommus and Salad Wrap	\$5.00

TOASTIES

● Tuna Melt on Turkish Bread Roll	\$4.50
● Ham & Cheese Turkish Toastie	\$4.50
● Baked Bean and Cheese Toastie (V)	\$3.50
● Fruit Salad	\$3.50

BAKERY, SNACKS & YOGHURT

● Pikelets	\$0.50
● Muffins	\$1.00
● Popcorn	\$0.50
● Yoghurt Pouch	\$1.80
○ Strawberry	
○ Tutti Fruitti	

DRINKS

● Apple and Blackcurrant Juice	\$1.70
● Orange Juice	\$1.70
● Chocolate Milk	\$2.50
● Strawberry Milk	\$2.50
● Plain Fresh Milk	\$2.00
● Juice Bomb-Grape	\$2.50
● Juice Bomb-Orange & Passionfruit	\$2.50
● Juice Bomb-Watermelon	\$2.50
● Juice Bomb-Lemonade	\$2.50

FROZEN TREATS

● Fruit Scream	\$2.00
○ Pure Fruit Soft Serve Cone	
● Save The Planet Pops	\$1.00
○ Pure Juice Popsicle	
● Vanilla Ice Cream Bucket	\$1.50
● Twisted Frozen Yoghurt	\$2.20
○ Watermelon & Mango	
○ Chocolate & Vanilla	
● Homemade Sugar Free Choc Pops	\$1.50
○ Chocolate Banana	
○ Chocolate Strawberry	

DAILY ITEMS

Homemade

Monday	Wednesday	Thursday	Friday
● Garden Salad with a Boiled Egg (V) \$5.50	● Tuna Salad \$5.50 ○ Potatoes, Egg, Tomatoes, Green Beans & Lemon Dressing	● Greek Salad (V) \$5.50	● Pearl Pasta, \$5.50 ○ Roasted Pumpkin, Feta and Spinach Salad (V)
● Mt Barker Chicken Nut Free Satay with Coconut Rice \$5.80	● Chicken Burger \$5.50	● Hamburger \$5.50 ● Cheeseburger \$5.90	● Chicken Burger \$5.50 ● Chicken/Cheese Burger \$5.90
● Spaghetti Bolognese \$5.80	● Chicken Cheese Burger \$5.90	● Chicken Lasagne \$5.80	● Cruiser Beef Pies \$4.80
	● Beef Ravioli with Garlic Bread \$5.80	● Granny Tan's Minced Pork Noodles with Sugar Snap Peas \$5.80	● Sausage Roll \$4.00 ● Sausage Roll - GF \$4.00
	● Potato Gnocchi with Meatballs and Sugo \$5.80		● Macaroni & Cheese \$5.00 ● Spaghetti Bolognese \$5.80